



AGENDA ITEM #3.6

REPORT TO CITY COUNCIL

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Date: February 4, 2020

Subject: Crow Wing Energized Workplace Wellness Grant

Report: Recently, the City's Wellness Committee submitted a grant application to Crow Wing Energized for the creation of a serenity room and point-of-decision prompts at City Hall. We recently received notification that the City was awarded this grant in the amount of \$500.

The serenity room will give employees a space to decompress when encountering stressful situations and can also be utilized as a lactation room. This room would be located on the second floor of City Hall in a currently vacant office space.

The point-of-decision prompts will provide signage at City Hall with positive reinforcements for using the stairs, parking farther away, and creating internal and external walking maps for use during breaks.

Council Action Requested: Council motion accepting the Crow Wing Energized Workplace Wellness Grant in the amount of \$500 for the creation of a serenity room and point-of-decision prompts at City Hall.